

# Jeff Johnsgaard

[jeff@naturaltactical.com](mailto:jeff@naturaltactical.com)

[www.naturaltactical.com](http://www.naturaltactical.com)

(306) 270-0540

## General Info

Founder / Chief Instructor – Natural Tactical Systems (NTS)

Police Officer – Full Time

Public Safety (Crowd Control) Unit Member and Close Quarter Tactics Consultant

Use of Force Instructor

Defensive Tactics Instructor

Expandable Baton Instructor

Firearms Instructor

Regional Director / Management Consultant for Sabre Tactical to Military and Law Enforcement Personnel

Basic Black Consultant & Master Instructor: Training & Product Testing/Evaluation

Bachelor of Arts, Sociology

## Firearms & Tactics

SWAT Level I – International Tactical Officers Training Association (ITOTA)

NRA Law Enforcement Division – Tactical Shooting Instructor

NRA Law Enforcement Division – Patrol Rifle Instructor

Center Axis Relock (CAR) Master Instructor – Sabre Tactical

Police Sniper – Sabre Tactical

SWAT Level I – Sabre Tactical

Carbine Instructor – Saber Tactical

Certified Provincial Firearms Instructor by the Saskatchewan Police College

## Defensive Tactics

6<sup>th</sup> Degree Instructor in Natural Spirit International (NSI) Progressive Arts

5<sup>th</sup> Degree Black Belt in Natural Spirit International (NSI) Modern Arnis

5<sup>th</sup> Degree Black Belt in Natural Spirit International (NSI) Renegade Jeet Kune Do

Full Instructor Level IV in WorTac Defensive Tactics Training

8<sup>th</sup> Degree Black Belt and Certified Instructor in Bujinkan Budo Taijutsu

Certified Defensive Tactics Instructor by the Saskatchewan Police College

Certified Instructor in Spontaneous Protection Enabling Accelerated Response (SPEAR)

## Fitness & Nutrition

CrossFit Level I Certificate (ANSI)

Certified in Agatsu Level I Kettlebell Coaching course

Certified in CrossFit Basic Barbell Fitness Coaching course

Certified in CrossFit Endurance Coaching course

Certified in CrossFit Gymnastics Coaching course

Certified in CrossFit Olympic Lifting Coaching course

Certified in CrossFit Nutrition Coaching course

## Other Training

Certified BTEC Level 3 Surveillance Course – United Kingdom

Chemical Munitions & Distraction Device Instructor – Ottawa Police Service

ARWEN Instructor & Armourer – Police Ordnance

Certified in Crowd Control Management and Team Based Tactics – Toronto Police Service  
Less Lethal Certified – Sabre Tactical  
PSD/Close Protection Level I – Sabre Tactical  
Pistol Instructor Development School for Equipment & Tactics – Blackhawk Special Operations Division  
Glock Armourer - Glock

**Recent Training Events**

Various Civilian Based Personal Protection Courses (1 to 3 days in length)  
Law Enforcement & Military Based Firearms and Defensive Tactics Courses (2 to 5 days in length)