

1.

PATROL SHOTGUN



LAW ENFORCEMENT DUTY SHOTGUN TRAINING

This system is a new and powerful concept in Law Enforcement shotgun training. The **C.A.R.** system offers increased *Stability*. Sabre TTRR training courses have been recognized by *Remington Arms, Arkansas* and approved by *numerous P.O.S.T. Agencies*.

For many years 'Shooters' from all fields, *Sport, Military, Law Enforcement, and Personal Protection Specialists* have been trained on the methodology of modern day firearms techniques. These have become known as : ***THE COMBAT TRIAD***. The *Triad* elements have been described as : *Mind Set, Gun Handling, and Marksmanship*. In support of the triad, has been the balance of : *Power Accuracy and Speed*. In a *Law Enforcement* application all these elements need to come together, when dealing with a task, or a critical confrontation. The **C.A.R.** concepts bring together these elements in a new and unique manner.



Born from a true understanding of how our bodies work during combat crisis. The system was developed for true close quarter combat, and not a rehash of old techniques that the C.A.R. system is now replacing. This system simply "works."

The system offers the *Operator* a higher level of *Weapon Retention*, than existing techniques to date. The concept allows the *Operator* to achieve high degrees of movement, speed, and an enhanced *Shooting Platform*, giving additional speed and accuracy on demand during a *Crisis*. Once again simply put - it works!!!!

2.

The techniques utilized through this concept are equally effective when using *small arms*, through to *long guns*. This is achieved simply by building on the Operator's *Harmonious Muscle Placement*, and *Natural Body* stance.

The **C.A.R.** techniques employ an *Isometric Tension* stance supported by the natural body strength. When co-joined they produce a usable *Stability*. It offers the highest performance curve for *Patrol Combat* shotgun. Once learned these concepts will be a usable asset at all times.



This unique system was developed in Europe by the course Instructor Paul CASTLE. The system enhances weapon readiness, holster release, speed and accuracy, as never before.

The system simply works better than any other system previously available for Law Enforcement and Military Personnel.

Radical in appearance, once trained in the system its sheer effectiveness is outstanding.

3.

The **C.A.R.** ©. 1995 (*Center Axis Relock*) introduces a ***Fundamental Change*** to shotgun training. In *Tactical Combat*, and *Street Critical Confrontation* scenarios, this system will *out perform* all main stream firearm techniques. It will improve shooting confidence in *Personnel* that have problems on the range, when utilizing ammunition such as solid slugs, or other HV rounds.

The system combats any functional disability of the *Operator* due to injuries. The system aids in the reduction of *Body Stress*, and is totally integrated.



Picture shows stance utilizing duty shotgun. Note that the stock is locked and supported under the arm. The position is still bladed.

The system allows previously unobtainable levels of stability, weapon retention, physical confrontation, and the ability to *clear* weapon malfunctions during *Critical Confrontations* when on patrol.

The course syllabus includes :

- ◇ Lawful *Use of Force* applications.
- ◇ Less lethal munitions.
- ◇ Weapon presentation & weapon progression.
- ◇ Weapon retention.
- ◇ Loading, re-loading, and *crisis* malfunction procedures.
- ◇ Tactical movement, and room entries.
- ◇ Single hand combat and retention techniques.
- ◇ Confined space conflicts & weapons usage within vehicles.
- ◇ Low light *crisis* engagement.
- ◇ Multiple confrontations.
- ◇ 300 rounds of duty ammunition required.

4.

C.A.R. BASIC DUTY SHOTGUN SYLLABUS

Three Day Course Syllabus

Monday. 0800 hours course commencement.
Introductions, and C.A.R Syllabus overview
Equipment requirements / Physical Preparation
C.A.R. 6 'R's System Explanation
Practical Demonstrations
Weapon retention
Castle Combat Course
1600 hrs conclusion of day one.

Tuesday. 0800 hours course commencement
Introduction to *Live* shooting
External and Internal Ballistics
Less lethal Applications
Shooting drills / *Castle Combat Course*.
1600 hrs conclusion of day two.

Wednesday. 0800 hours course commencement
Shooting drills / *Castle Combat Course*.
SRS system / O.C. deployment with C.A.R.
Course Review and shooting assessment
1600 hrs graduation conclusion of day three.

