

TRAINING PROPOSAL

Sabre Tactical Training Resource and Research is a DOD Defense Logistics Agency approved contractor for 2007. DUNS # 167096366 refers. Our Trading Partner Identification number is listed. Sabre Tactical Training Resource & Research is a registered, and trade marked training company situated in Nashville, Tennessee. Formed in 2003, having superseded *Claymore Inc.* which was founded in 1995, as a response to the growing needs for quality *Law Enforcement* and *Military* security training in the USA, and around the world. **Business Registration # TN 120347 / Federal Tax ID. # 13-4268644**

We wish to offer our services to provide a complete defensive / offensive **CQB / PSD** weapons training program. The syllabuses offered are *basic* and *Instructor* level programs. They are offered as a standard *military format* or *Law Enforcement & Counter -Drug* based. Our full lesson plans can be viewed on our website which is listed as (**www.sabretactical.com**) Our website offers a complete breakdown of each of our course programs. Some of our programs are *sensitive* and do not appear on our site. These are *Military* and *Spec OPS* Programs. Please *click* on lesson plans.

Each participating Student receives a fully bound training manual, CD and DVD training aids. All ammunition for these courses are supplied by STTR and is '*Green*' lead free, and suitable for US military range requirements. Our training courses are some of the most modern and up to date available, we are not offering a *rehash* of existing formats as provided by other training companies. Our training is new, but has been proven in combat.

The costs for training per day are **as contracted** per 40+ hour training week. Our Instructor / Student ratio is 1/10. We are able to train 20 Students per day @ **as contracted** per person per day. I have added some information and a brief synopsis of the **C.A.R.** program. If you have any other questions please feel free to call me. 615 - 969-3377

Yours Sincerely,


Paul CASTLE

1.

FIREARMS INSTRUCTOR TRAINING
5 day (40 hours) Costs @ ** as contracted rate per Student

Held at :

This system is a new and powerful concept in Law Enforcement firearms Instructor training. This *Instructor Course* teaches *Students* how to implement the **C.A.R.** system to both *Novices*, and *Experienced* Students, who have been trained in the *Traditional* methods of shooting.

The **C.A.R.** system incorporates the *Combat Matrix* of the **6 “R”s** and the *Triad* elements. These have been described as : *Mind Set, Gun Handling, and Marksmanship*. In support of the triad, has been the balance of : '*Power, Accuracy, and Speed*.

In a *Law Enforcement* application all these elements need to come together, when dealing with a task, or a critical confrontation. The **C.A.R.** Instructor training concepts bring together these elements in a new and unique manner.



The C.A.R. Instructor course has been developed over a very long period of time by Paul Castle. Designed from a true understanding of how the Human body works under, or during combat crisis. The system was developed for reality, and true close quarter combat. It is not just a rehash of traditional shooting techniques. In several Countries the C.A.R. system is replacing traditional firerams training. Simply put..... this system works.

The system offers teaching techniques to enable an *Student* to develop a higher level of *Weapon Retention*, than existing techniques to date. The concepts allow the *Student* to achieve high degrees of movement, speed, and an enhanced *Shooting Platform*, giving additional speed and accuracy on demand during a *Crisis*.

2.

The *Instructor Syllabus* trains the *Student* in new methodologies that improve *Basic Adaptation* from beginner, to a *proficient* firearms user in a short five day period. This allows *Basic Recruit* training courses, the ability to build on the basic 'Active-Defense' philosophy of **C.A.R.** The techniques utilized through this concept, are equally effective when using *small arms long guns*, O.C. chemical and impact batons. This is achieved by building on the Operator's *Muscle placement* and *Natural Body* stance. Combined with *Fight* and *Flight* reflex stimuli.



Note the shooting position does not interfere with full tactical vests, and slung long guns. These techniques are *adaptable*, in that the *Operator* may adopt either *Small Arms* or *Long Guns* as the Primary Weapon. Opting for a transition to a secondary weapon, if the situation requires it. Once learned these concepts will be a usable asset at all times, and for all weapons.



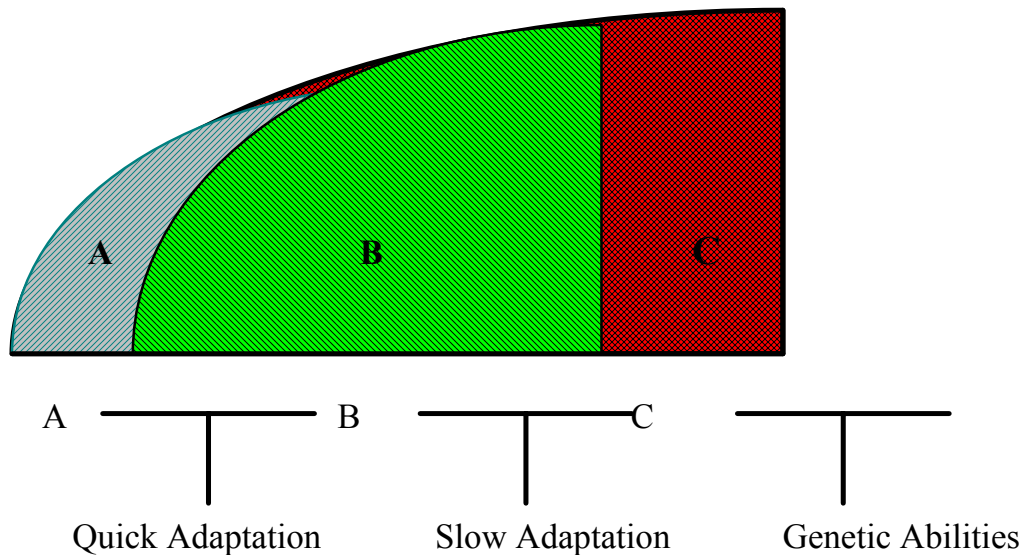
This unique system was developed in Europe by the course Instructor Paul Castle. The system enhances weapon readiness, holster release, speed and accuracy, as never before. The system simply works better than any other system previously available for Law Enforcement and Military Personnel Instructor training. Radical in appearance, once trained in the system its sheer effectiveness is outstanding. Students develop higher shooting skills.

3.

In essence this system works around the body shape, and eyesight strengths of the individual Student. No more do we have to *bend* a Student around the shooting stance. The **C.A.R.** system is altered to *suit* the Student. The **C.A.R.** system features the teaching of improved marksmanship at long ranges. Instructors are given additional training to assist in developing Students who have a *poor* accuracy, and *reduced* weapon control during live firing.

One of the developing facets of the **C.A.R.** System is its ability to produce *quick, appreciative, and operationally relevant* results. Students abilities to shoot, and defend themselves through a wide range of scenarios is increased. The skill core base is essentially obtained through working in *harmony* with our natural muscle placement, and the real effects on the *Human body*, when operating under *combat stress* environments.

The **C.A.R.** *Active - Defense* Training Graph



The above graph is utilized to demonstrate the advantages of the **C.A.R.** System when training Students from mixed skill level backgrounds. The 'A' range details the *immediate improvement* in personal *weapon retention*, a *reduction of recoil* when firing the weapon, and ability to *hit* the target at *center mass*, while on the move. This quick adaptation generally takes no more than one session.

4.

The 'A' area flowing into the 'B' area follows the improvement with continued use of *Shotguns*, *Chemical Irritant* weapons, and *Impact* weapons such as the ASP Baton. This is supported by the utilization of *Small Arms* while in close confines, such as *Patrol* motor vehicles.

These two areas represent the *vast majority* of training techniques, required to be mastered by *Students*. The 'C' area is generally very much more specialized. Additional training programs are available to support this basic *Instructor Syllabus*. The below *Matrix* represents the *key elements* that are of critical importance during any physical confrontation, whether *armed* or *unarmed*.

	Size and Shape	Endurance	Ability
10			
5			
0			

The **C.A.R.** System when deployed, increases the personal performance of *Operators* in the above left column, and assists the *Operator*, with regard to the areas listed in the right column. A system must work well, and in any given situation. **C.A.R.** is a system, *and not just a stance*.

The course syllabus includes teaching Instruction in :

- ◇ Lawful *Use of Force* applications.
- ◇ Lesson Plan Formulation.
- ◇ Group Teaching Dynamics.
- ◇ Student Feedback and Assessments.
- ◇ The fundamentals of the C.A.R. System / All aspects of the basic course.
- ◇ Range Safety Aspects.
- ◇ Team Formulation.
- ◇ Energizers, and building frameworks.
- ◇ Duty or BDU clothing may be worn with body armor, and eye protection.
- ◇ 800 rounds of duty ammunition required.

5.

C.A.R. INSTRUCTOR SYLLABUS

Monday. 0800 hours course commencement.
Introductions, and **C.A.R** syllabus overview.
Equipment requirements / Physical Preparation.
System Explanation for Instructor formats.
Student and Instructor transactional analysis.
Lunch Period (45 min.)
Practical Demonstrations / Weapon retention.
Castle Combat Course reviews and explanations.
Instructional Objectives and lesson plan reviews.
1630 hrs conclusion of day one.

Tuesday. 0800 hours course commencement.
Lesson Plan explanations and Instructor traits.
Instructor Development Training.
6 'R's of **C.A.R.** system.
Lunch Period (45 min.)
Classroom / Range Mind - sets.
Introduction to *Live* shooting.
1630 hrs conclusion of day two.

Wednesday. 0800 hours course commencement.
Instructor Development Training.
Shooting drills / *Castle Combat Course*.
External and *Internal* Ballistics lesson plan building.
Lunch Period (45 min.)
Classroom work projects *as given*.
Live shooting applications.
1630 hrs conclusion of day three.

6.

Thursday. 0800 hours course commencement.
Instructor Development Training.
Classroom work projects *as given*. Then presentations.
Lunch Period (45 min.)
Shooting drills / *Castle Combat Course*.
Shotgun / Pistol / Rifle applications.
1630 hrs conclusion of day four.

Friday. 0800 hours course commencement
Final shooting assessment.
Full Course Review and Examinations.
1100 hrs Program Graduation.

Footnote:

Each Instructor receives a fully bound training manual, CD's and DVD training aids, and will be sent bi-annually any updates and additions to the training manual as bought about from case law, and new training concepts.

Each Instructor on gradation will be listed on our email address and will receive free CD updates on any additional training programs associated with the **CAR** system portfolio.

Suggested Accomodations if school is held in Nashville, TN:

Best Western Music City Inn.
13010 Old Hickory Blvd,
1-24 East Exit 62.
Nashville, TN. 37013
Tel. 615 - 641-7721 / Fax 615 - 641-6263
email : service@BWMusicCityInn.com

7.

REQUIRED EQUIPMENT FOR THE TRAINING

- * Students should bring protective clothing suitable for the course location. They will need to be able to *self sustain* with food for a 8/9 hour day.
- * Full ACU's / Police Uniform / SWAT gear should be worn if issued. Body Armor and eye protection *should be worn at all times*. Ear protection is highly suggested.
- * 800 rounds of Duty Pistol/Carbine ammunition.
- * 4 additional spare magazines for Pistol/Carbine.
- * Weapons cleaning kit.
- * All other course equipment is provided by STTRR.
- * All Students receive a fully bound training manual and CD/DVD.
- * Students may make a video record, and take photographs during the training sessions should they so wish.
- * This list is not exhaustive.

